

**Co-creating through Chakra and Emotional Healing  
with Young Living Essential Oils**

**Presented by Dr. Indrani Maity**

**Sunday, April 5th, 1:30-3:30pm, \$35.**

**Yoga Flow Studio, 977 Glen Cove Ave., Glen Head,  
11545**

**Dr. Indrani Maity will address the following at the workshop:**

**What are the chakras?**

**What are their physical, emotional and spiritual implications?**

**Utilizing the chakras to achieve spiritual and emotional maturity**

**Meridians in Emotional and Physical healing**

**Supporting the chakras and meridians with Young Living Essential  
Oils**

**Nutrient support for supporting the physical health of your chakras.**

This is an introduction to **chakras**, which are the seven centers of Human Consciousness and their relationship to our mental, emotional and physical health.

Part 1 of this presentation will explore fears, challenges, strengths and inner powers that are present for each of us at these seven levels of consciousness; and how Young Living essential oils can be used as powerful tools to: excavate and transmute our fears, the sources of depression and anxiety, and capitalize on our strengths and ultimately retrieve our inner power/life force or chi. Such inner power then allows us to become efficient co-creators with our 'Creator/Divine Force'.

Part 2 of this presentation will explore the connections of each of these seven centers of consciousness and how they impact our physical health. And possible Young Living solutions to support and build our physical health.

When one approaches health and well being not only with physical support and intervention but also from a perspective of **addressing the consciousness underlying their physical manifestation, then one can have the possibility of healing which goes beyond ‘the maintenance and curing of symptoms’.**

*Dr. Indrani Maity is a board certified naturopath, clinical nutritionist, Ayurvedic Practitioner; an Energy Healer, a Medical Intuitive a Certified Holistic Life Coach. Dr Maity has degrees both in Chemistry and Biology. Prior to her career as a Holistic Practitioner, Dr Maity was an assistant scientist and taught Biochemistry and Organic Chemistry in New York University and John Jay College of Criminal Justice. She combines the best of modern science and traditional healing to provide healing for the mind, body and spirit.*

*For additional details, please visit her website at [www.ultimaterejuvenation.com](http://www.ultimaterejuvenation.com).*

*Please note that this workshop will be very experiential. We will be experiencing the essential oils. There is no obligation other than to become educated on a wonderful way of staying healthy via the use of pure therapeutic essential oils and nutrients. You are welcome to use this workshop in the way that works best for you.*

*Kindly reserve with Carol Leitner, at [clei215240@aol.com](mailto:clei215240@aol.com) by Friday, March 27th .*