

ANCIENT WISDOM AND MEDICINAL PLANTS FACING OUR CURRENT TIMES.
A UNIQUE APPROACH TO HEAL US DEEPLY AND SAVE PLANET EARTH

Indigenous knowledge has existed throughout the Americas since Ancient times. Native People used it as a way of life and they still use it to this day. We believe that Plants, Animals, Stones cure the human Body, Mind and Spirit and is interconnected to other beings and natural forces in order to create Balance, Harmony and Life. Through the use of plants medicine we explore how far we can go into the human history and reconnect with our ancestors to help us resolve and heal our wounds and illness.

Now It's the time to remember and honor all forms of life and respect Mother Earth!

Come join me on this day of learning from and celebrating Nature's gifts with:

Eda Zavala Lopez

Peruvian Curandera, Healer and Activist from the Amazon Jungle

Saturday November 11, 2017 4pm-7pm

at Yoga Flow ~ 1009 Glen Cove Av ~ Glen Head, NY 11545

Let's be part of transcendence and connection with Plant Spirit Medicine that she brings into the North. Eda will teach her magic and wisdom, the way she walks with her maestros in the Amazon, together we will create sacred space to honor Mother Earth and bring gratitude to the ancient spirits that care for all kind of beings.

Contribution: \$45.00

If anyone would like to do additional donations that will go to her projects in the Amazon please refer to her website <http://www.edazavalalopez.com/donate/> or write a check to Eda Zavala-Shawi Project



Eda Elsa Zavala Lopez, of Wari-Ashaninka ancestry, inherited ancient knowledge from her ancestors and followed the traditions of Indigenous elders from the Andean highlands and the Amazon during her nearly 30-year training to become a shaman and healer/curandera. A spiritual leader in the Shawi-San

Please RSVP by Nov 01, 2017 to Angie at vivemas@me.com or call 516.532.9047

~ spaces are limited!!